

Autism Awareness Menu

Tuesday, April 15th, 2008

Chicken Fingers

Battered with rice flour and deep fried in 100% grapeseed oil.

Served with French fries and honey sesame dip / 5

*Ingredients: Chicken, white rice flour, potato starch, tapioca starch, guar gum, potatoes, high oleic sunflower and/or safflower oil, salt.

**per container allergen information, may contain traces of soy, facility processes milk, egg, and wheat ingredients

Soy Milk: Organic soy milk (filtered water, whole organic soybeans) organic evaporated cane juice, calcium carbonate, sea salt, natural flavors, carrageenan, vitamin A, Palmitate, vitamin D2, Riboflavin (B2), Vitamin B12

French fries: Potatoes, palm oil, apple juice concentrate, citric acid

Honey Sesame Chicken Salad

Grilled chicken breast sliced and topping mesclun greens with dried cranberries, and red onions, served with honey sesame dressing / 7

*chicken, spinach, honey, sesame oil, mustard, salt, pepper, sugar

Maple Orange Glazed Chicken Breast

Served with Garlic Mashed Potatoes, snow peas, and julienne carrots / 8

*Sesame oil, maple syrup, 100% orange juice, salt, pepper

**Potatoes: Soy Milk: Organic soy milk (filtered water, whole organic soybeans) organic evaporated cane juice, calcium carbonate, sea salt, natural flavors, carrageenan, vitamin A, Palmitate, vitamin D2, Riboflavin (B2), Vitamin B12

***"No-Chicken Stock": Filtered water, organic onions, organic celery, organic carrots, sea salt, organic spices, organic expeller pressed canola oil and / or safflower oil and/or sunflower oil, organic garlic

Sausage & Peppers

Italian sausage sautéed in grapeseed oil with red, yellow, and green bell peppers, then tossed with house made marinara and served over white rice / 9

*Italian Sausage: Pork, salt, spices, BHA & BHT, citric acid, collagen

**White Long grain Rice, pureed onions

Marinara: Tomatoes, salt, calcium, chloride & naturally derived citric acid, basil, thyme, oregano, black pepper, sugar, olive oil

White Bean & Basil Ravioli

Six Ravioli served over our house made marinara / 9

*Semolina flour, corn meal, white beans, carrots, basil, parsley, salt, pepper

Marinara: Tomatoes, salt, calcium, chloride & naturally derived citric acid, basil, thyme, oregano, black pepper, sugar, olive oil